

NANCY VAN ZYL OCCUPATIONAL THERAPY

Reg. OT (BC)
CHCPBC: AW4506



📞 604-200-6670
✉ OT@nancyvanzyl.ca
🌐 www.nancyvanzyl.ca

Office location:

Rising Bright
4552 Willingdon Ave
Powell River | qathet

WELCOME ᑕᑭᑕᑭᑭᑭᑭᑭᑭ

A warm welcome, and thank you for your interest in occupational therapy services for your child.

I am a registered pediatric occupational therapist based in the qathet region. I work alongside children and their families to support development, independence, emotional well-being, and meaningful participation in daily life — at home, at school, and in the community.

My OT practice is:

- child-centred and family focused
- play-based
- neuroscience informed
- rooted in Ayres Sensory Integration theory
- neurodiversity-affirming
- trauma-informed
- culturally sensitive

My special interests include:

- Neurobiology of Attachment
- The DIR®:Floortime™ Model
- Autism Spectrum Disorders, ADHD, and neurodiversity

I am extremely fortunate to be supported by an exceptional administrative assistant, Chrissy Hinatsu. Chrissy brings over 12 years of experience working with families in roles such as Infant Development, Supported Child Development, and the PACE Program. Her warm professionalism and deep commitment to families enrich the experience for everyone we serve.

This information package is designed to help you understand what I offer, how I work, and what to expect from the OT process. Whether you're exploring services for the first time or returning for continued support, we are here to collaborate with you in a way that is respectful, strengths-based, and responsive to your child's unique needs.



COMMUNICATION & SCHEDULING

Initially, you will likely be in touch with Chrissy Hinatsu to learn about services, procedures, our wait list, scheduling and billing. Chrissy will help ensure that communication runs smoothly and that your family's needs are heard and respected.

Please feel free to reach out to Chrissy with any questions about appointments, invoices, or service availability:
chrissy.hinatsu@nancyvanzyl.ca

POLICIES & PROCEDURES

Confidentiality & Privacy

Records are securely stored in Jane and comply with BC's privacy laws (PIPA)

Informed Consent

Provided digitally before services begin

Collaboration

I can communicate with educators, physicians, or other professionals (with your written permission)

Emergencies

I do not provide emergency or crisis services



FEES & BILLING

An **initial assessment** usually includes:

- ✓ An initial telephone interview
- ✓ A 1-2 hour in-person assessment
- ✓ An in-person feedback session with parent/s or guardian/s
- ✓ A written summary of assessment results and plan

Total cost: \$500 (4 hours)

Therapy Sessions: \$125/hour

Consultations / Reports / Meetings: Billed at therapy rate

Missed Appointments: 50% of session fee with less than 24 hours' notice (illness excluded)

Please note: funding has to be applied for and approved before the therapy process will commence. Funding or billing support available upon request.

FUNDING SOURCES

- ✓ Autism Funding (AFU)
- ✓ At Home Program
- ✓ Jordan's Principle
- ✓ Tla'amin Nation Health Services
- ✓ SD47 PIE (Partners in Education)
- ✓ Independent Schools
- ✓ Private / Out-of-Pocket

OT SERVICES

- ✓ Comprehensive Parent Consults
 - ✓ Comprehensive or focused pediatric occupational therapy assessments (with summary reports)
 - ✓ Individual therapy sessions for pre-K children (in 3-6 month blocks)
 - ✓ Sensory integration therapy
 - ✓ Self-regulation support
 - ✓ Parent/caregiver coaching
 - ✓ Development of visual daily routine schedules
 - ✓ Sensory home programs
 - ✓ Emotional regulation and executive function support
 - ✓ Functional life skills (e.g., dressing, eating, organization)
 - ✓ School or home-based consultations
- Collaboration with teachers and other professionals



ASSESSMENTS

Initial Assessment

Although I use standardized assessments, my evaluations are collaborative, child-centred, and focused on everyday function. I typically provide a 2–4 page assessment summary that is:

- ✓ Strengths-focused
- ✓ Written in plain language
- ✓ Functionally relevant

Full assessment report available upon request.

Assessment summaries include information and interpretations about:

1. Regulation & Sensory Processing
2. Postural control and motor development
3. Cognitive and Executive Functioning
4. Social-Emotional and Communication Skills
5. Daily Living & Functional Participation

OT INTERVENTION AND RECOMMENDATIONS

- ✓ Parent consultation sessions
- ✓ Individualized therapy sessions
- ✓ Collaboration with teachers and other professionals (with consent)
- ✓ Home programs as needed

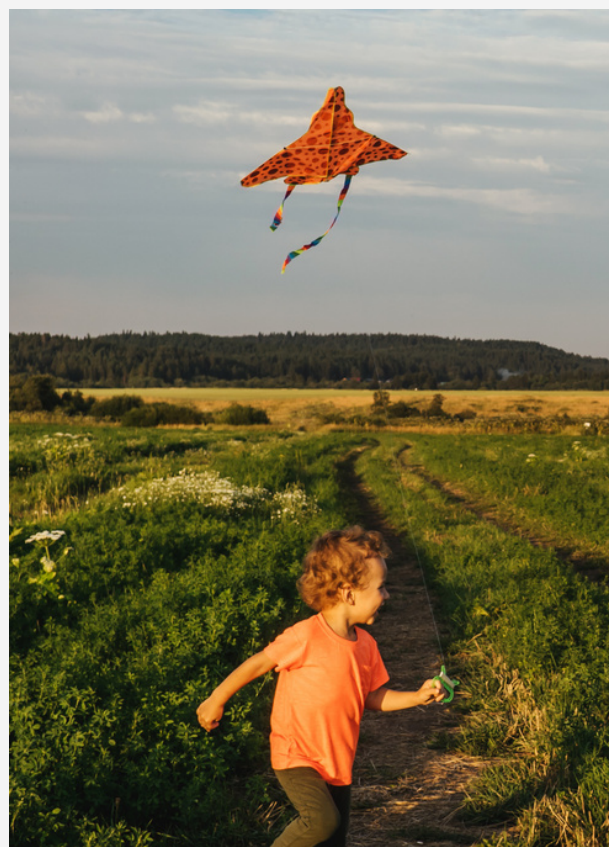
USING “JANE”

To streamline your experience, I use Jane, a secure online platform for:

- ✓ Online booking and reminders
- ✓ Secure digital intake forms
- ✓ Billing and receipts
- ✓ Secure messaging
- ✓ Recordkeeping

GETTING STARTED WITH JANE

1. Visit: <https://nancyvanzyl.janeapp.com>
2. Create your account with your username and password (do not use your email as a username, as other service providers may also be using Jane and it will get confusing)
3. Complete intake forms before your first session
4. Manage appointments online
5. Access invoices through your Jane profile



A NOTE ABOUT AVAILABILITY

As the only private pediatric occupational therapist in the gathet region, I am deeply committed to serving local children and families with care, compassion, and professionalism.

Due to high community need and limited pediatric OT resources in the area, I currently have an extensive waitlist. I know this can be frustrating, especially when support feels urgent. Please know that I’m always doing my best to balance individualized care with broader community access.

I’m actively working to streamline and simplify my services where possible — such as using brief, functional assessments, targeted intervention blocks, home programming tools, and caregiver coaching — so that I can reach and support more families without compromising quality of care.

Thank you for your understanding, patience, and kindness as I navigate this balance. Your partnership and flexibility make it possible to continue this work in our community.